

Front Door Walk-in Counselling and Referrals

AT OECYC WE HELP EVERY CHILD AND YOUTH LEARN TO COPE, CREATE HOPE,
AND BUILD STRENGTHS.

Creating Opportunities for Positive Change.

What is offered?

YOU ARE ELIGIBLE FOR SERVICES IF YOU:

- live in Oxford or Elgin County
- are under the age of 18
- would like to talk to a counsellor (if you are under the age of 12, parent/legal guardian must be present)
- are a parent/guardian of a child/youth under 18 years of age and wish to speak with a counselor

This is the referral process to access programs within the agency

A CONFIDENTIAL SERVICE PROVIDED BY:

Oxford-Elgin Child & Youth Centre (OECYC), free of charge, by professionally trained and experienced counsellors. The therapists and/or Social Work interns provide counselling to children, youth, and families on a first-come, first-served basis. No appointment necessary, just walk in! OECYC works collaboratively with the client and/or family to provide practical coping strategies and solutions that can be used to problem solve and cope with stressful situations when needed most.

OECYC sees children, youth, and their families for a wide range of reasons including:

- Relationship issues; peers, dating, family
- Grief and loss
- Child/youth experiencing anxiety, depression, or other mental health concerns
- Child/youth experiencing difficulties at school, home, or in the community
- Parent(s) frustrated with child/youth behaviours
- Issues relating to Lesbian, Gay, Bisexual, Transgender (LGBT), including gender identity and sexual orientation



SERVING CLIENTS UP TO 18TH BIRTHDAY LIVING IN OXFORD AND ELGIN COUNTIES.

Clients can use the walk-in clinic more than once.

- OECYC is committed to removing barriers to service





How can this service help you?

- Develop strategies and recommendations that can be helpful to address your concerns.
- Prevent and de-escalate problems.
- Provide awareness of community resources.
- Be heard and listened to without judgment.

Oxford-Elgin Child & Youth does not provide medication review. Please see family doctor for any medication concerns.

Oxford-Elgin Child & Youth does not make any assessment or opinion on issues related to child custody and access.

The Crisis Response & Urgent Care Service is available to children and youth under age 18 in Oxford and Elgin County. Please call **519-539-0463** or **1-877-539-0463** to be directed to the Crisis & Urgent Care Worker.

OECYC is committed to removing barriers to service. For more information contact us.

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LOCATION:

**OXFORD-ELGIN
CHILD & YOUTH CENTRE**

WOODSTOCK LOCATION-Tuesdays
912 Dundas Street
10:00am-6:00pm

ST.THOMAS LOCATION-Thursdays
99 Edward Street
10:00am-6:00pm

(* last appointment is at 6:00 p.m.)

For more information, please call
OECYC at
519-539-0463
Or toll free 1-877-539-0463

Website: www.ocyc.on.ca



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Child & Youth Centre**

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10:00am – 6:00pm

St. Thomas: Thursdays
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**Private
Confidential**

