

One-Stop Shopping for Leisure Programming

Whether you enjoy yoga, shuffleboard, quilting or crafting, The Tillsonburg Senior Centre has it all.

Conveniently located at the Tillsonburg Community Centre, TSC can be your one-stop shop for adults-only social, recreational and leisure programming.

Open Monday—Friday, 8:30 am—4 pm.
Stop by anytime for a tour, like us on Facebook (www.facebook.com/TillsonburgSeniorCentre) or visit us on the web at www.tillsonburgseniors.ca



TILLSONBURG SENIOR CENTRE

45 Hardy Avenue
Tillsonburg, ON
N4G 3W9
www.tillsonburgseniors.ca

Phone: 519-688-2520
Fax: 519-842-4892
E-mail: nboutin.seniorcentre@hotmail.ca



TILLSONBURG SENIOR CENTRE

Recreation & Leisure for adults age 50+



**Be Happy, Be Healthy,
Be Here!**

Tel: 519-688-2520

Membership Dues

Membership — \$35/calendar yr

Renewal—\$35/yr before March 31, \$45/yr after March 31

Ask about late-season discounts for NEW members

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Our programs include...

**Fitness
Linedancing
Indoor lawn bowling
Computers
Shuffleboard
Indoor Kurling
History Class
Special luncheons and events
Cribbage
Drama
Bridge
Table Games
Euchre & Bid Euchre
Information Sessions
Armchair Travel
Wood working
Senior Choir
Yoga & Chair Yoga
Bingo
Farkle
Arts & Crafts
Quilting
Meditation
Billiards
Darts
Puzzles and Board Games
Horseshoes
Golf
Table Tennis
Hand & Foot
...and many more...**

Affordable fun for everyone...

Because many seniors are on a fixed income, we strive to make participating in our many programs and activities affordable to everyone. Membership at our centre is just \$35 per calendar year, and most programs carry only nominal use fees of \$2-\$4 which includes coffee and cookies.

Top-notch facilities...

The Tillsonburg Senior Centre is completely wheelchair accessible and has a convenient elevator that makes

getting to the large, lower level a breeze. Both levels are equipped with acces-



sible washroom facilities and on our main floor level, you'll also find a nicely-equipped kitchen complete with professional-ovens, refrigerator and freezers, and a high-temperature dishwasher.

On our basement level, be sure to check out our indoor carpet bowling area. Recently fitted with professional grade indoor lawn bowling carpet all the way from the United Kingdom, our bowling area is the envy of other senior centres across the country, and in fact ours is one of only two facilities in Canada to offer its members regular play on a professional-grade surface.



Conveniently located in the Tillsonburg Community Centre complex, the Tillsonburg Senior Centre offers complete social, recreational and leisure programming for adults age 50-plus from Tillsonburg and the surrounding area.

Qualified instructors and warm, inviting conveners deliver more than 30 programs for every interest and ability. So whether you want to get fit, learn a new skill, or just get out and enjoy a favourite activity with friends, The Tillsonburg Senior Centre is your one-stop shop for quality leisure programming.

*Everything you
need under one
roof...*