

**We're listening.
We care. Call us 24/7.**

1.877.539.0463

Free, Confidential Drop-in Counselling:

Woodstock	Tuesdays	10:00am - 6:00pm
St. Thomas	Thursdays	10:00am - 6:00pm

**With more than 45 qualified support staff, we are proud to offer
4 locations across Oxford and Elgin county. Contact us at:**

519.539.0463 or 1.877.539.0463

Woodstock (head office)

912 Dundas Street
Woodstock, ON N4S 1H1

St. Thomas

99 Edward Street
St. Thomas, ON N5P 1Y8

Tillsonburg

1 Library Lane, Suite 203
Tillsonburg, ON N4G 4W3

Ingersoll

121 Thames Street North
Ingersoll, ON N5C 3C9

Visit us online for more information:

www.welkin.ca



Formerly **OECYC**

**Mental Wellness.
We're here to help.**

We offer accessible, compassionate programs and mental wellness services to support families free of charge.



We create hope; help children and youth learn to cope; and together we build strength to manage challenges related to mental wellness.



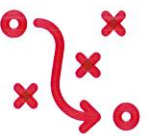
We Listen

We take a compassionate, non-judgmental approach to assess the nature of every situation, the level of risk, and the needs of the individual.



We Talk

Together, we explore options and choices to overcome a challenge and help you change your outlook.



We Plan

We develop a treatment plan and support positive, healthy coping skills. Wellkin is committed to connecting all clients with programs and services.



We Support

We focus on outcomes to ensure the long-term success of all our clients. Our goal is to help you achieve strength necessary to deal with any situation or issue that may arise.

We are Wellkin.

Our Programs and Services

Each plan is customized to address individual needs and be responsive to unique life and family circumstances. There are **no costs** and no health card required to access our services.

Child & Youth Programs

- Early Years
- Pittock Day Treatment Program
- Intensive Family Service
- School Community Intervention Partnership (SCIP)
- Youth Justice
- Autism Spectrum Disorder (ASD) Youth Transition Support Program
- Parent-Child Mother Goose
- Respite

Child & Youth Services

- Counselling Services
- Crisis Response & Urgent Care

Group & Other Services

- Group Programs
- Adult Protective Services

